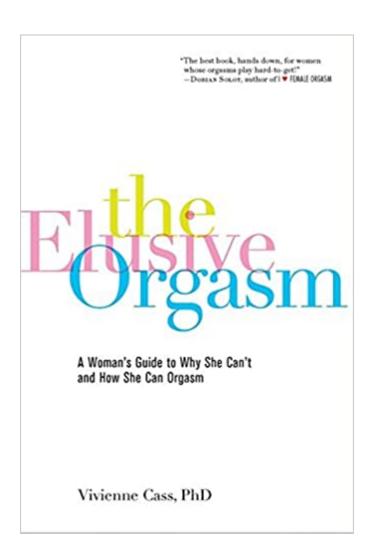


The book was found

The Elusive Orgasm: A Woman's Guide To Why She Can't And How She Can Orgasm





Synopsis

Are you one of the thirty percent of women who has difficulties with orgasm? Do you want to experience greater sexual satisfaction? In easy to read language, The Elusive Orgasm provides a full overview of women's sexual pleasure, covering sexual triggers, stages of arousal, the power of mind, and how women differ from men. Longtime clinical psychologist and sex therapist Dr. Vivienne Cass reveals all the causes of women's orgasm difficulties — and how to remedy them. In The Elusive Orgasm, you'll learn: What an orgasm is How the clitoris is much more than "a little button" The stages of a woman's arousal The five types of orgasm difficulties The twenty-five causes of those difficulties Self-awareness via quizzes and questionnaires Sexual and non-sexual changes to help you orgasm Step-by-step plans to help you and your partner An extraordinarily thorough, all-inclusive exploration of every possible reason why women have orgasm challenges, The Elusive Orgasm gives you the tools to discover the source of your own orgasm difficulties, along with straightforward remedies.

Book Information

Paperback: 336 pages

Publisher: Da Capo Press; 1 edition (May 2, 2007)

Language: English

ISBN-10: 1600940234

ISBN-13: 978-1600940231

Product Dimensions: 5.5 x 1 x 8.2 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 45 customer reviews

Best Sellers Rank: #255,656 in Books (See Top 100 in Books) #64 in A A Books > Health, Fitness

& Dieting > Sexual Health > Women's Sexual Health #439 in A A Books > Health, Fitness &

Dieting > Sexual Health > General #699 in A A Books > Health, Fitness & Dieting > Women's

Health > General

Customer Reviews

"The Elusive Orgasm is an important book for all women, their partners, and health professionals. It takes a woman by the hand and gently guides her to sexual satisfaction and pleasure. What fun to read!" -- Beverly Whipple

Vivienne Cass, PhD is a clinical psychologist and sex therapist with over thirty years of experience.

She has taught courses on sexual therapy and sexuality and is the author of many articles and academic papers. Dr. Cass is a member of The Society for the Scientific Study of Sexuality, The New York Academy of Science, and The International Society for the Study of Women's Sexual Health. She lives in Australia.

I love this book! There is just some info that it doesn't cover that "Becoming Orgasmic" does. Couple this book with that one and you've got the complete mix.

Not an easy read. The information is presented in a dry manner. (No pun intended) It breaks women into a 1-5 level category of difficulty- the book would be better if they then carried that through with a color code. So if you are a #5- then you could flip through and JUST read what pertains to you!

Great book, good price. I was pleased with my purchase.

worth reading.

This is a nice how to guide to overcoming the psychological blocks that can prevent someone to reach orgasm. I really like the program's listed and I think both programs should be practiced regularly because they allow individuals and couples to slow down and enjoy themselves regardless of any sexual block they may have.

I read this book for a class in college, didn't really provide any information that can't be found elsewhere online. Not a bad read, but not really worth the money.

I would recommend this book to any man or woman. It is very scientific. It explains the how and why and how to achieve!

Excellent for all levels.

Download to continue reading...

The Elusive Orgasm: A Woman's Guide to Why She Can't and How She Can Orgasm She Believed She Could So She Did Adult Coloring Book with Inspirational Quotes: A Coloring Book for Grown-Ups Providing Relaxation and Encouragement ... and assist with Anti-Stress and Mindfulness) She Believed She Could So She Did She Believed She Could So She Did - A Daily

Gratitude Journal | Planner She Believed She Could So She Did - A Journal: (Sunflower) She Believed She Could, So She Did: A Beautiful Blue Butterfly Design Notebook/Journal For You She Believed She Could, So She Did: Inspirational Purple Cover Design Notebook/Journal for You She Believed She Could So She Did: 8 x 10 Bullet Journal - Blank Notebook with Quote Cover, 1/4 inch Dot Grid with 160 Pages, Sturdy Matte Softcover, ... Paper, Perfect Bound, Travel Size Diary Book Unicorn Journal She Believed She Could So She Did: Quote Inspirational, Magical 8¢â ¬Â• x 10â⠬• Bullet Journal - Blank Notebook, 1/4 inch Dot Grid with 160 ... Diary for Kids, Teens, Men & Women She Believed She Could So She Did Journal (Diary, Notebook): XL 8.5 x 11 (Journals For Women To Write In) She Believed She Could So She Did: Bullet Grid Journal, 150 Dot Grid Pages, 8"x10", Professionally Designed She Can Run (She Can Series, Book 1) Woman's Orgasm: A Guide to Sexual Satisfaction Becoming Cliterate: Why Orgasm Equality Matters - and How to Get It Hitchhiking Vietnam: A Woman's Solo Journey in an Elusive Land Extended Massive Orgasm: How you can give and receive intense sexual pleasure (Positively Sexual) She Shoots... She Scores: A Complete Guide to Girl's and Women's Hockey She is Clothed with Strength and Dignity and She Laughs without Fear of the Future Notebook Orgasm Unleashed: Your guide to pleasure, healing and power Ellen G WHITE, Was she a true Prophet?: The most amazing study on Ellen G White and how she is described in the Book of Daniel. (Seraphims Remedies 4)

Contact Us

DMCA

Privacy

FAQ & Help